

AGENDA ITEM

**REPORT TO HEALTH AND
WELLBEING BOARD**

October 2022

**REPORT OF DIRECTOR OF
PUBLIC HEALTH**

MENTAL HEALTH update

SUMMARY

This report updates the board on progress of the *Integrated Mental Health Steering Group* for Stockton-on-Tees which is a subgroup of the Health and Wellbeing Board.

RECOMMENDATION

The report recommends for the Board to:

1. Note progress of the Integrated Mental Health Steering Group in mapping mental health related groups, meetings and structures across the system.
2. Receive an update on the implementation of the Stockton-on-Tees Mental Health Forum and Stockton-on-Tees Lived Experience Forum.
3. Receive an update on mental health transformation programme for mental health services for children and young people and services for adults in Stockton-on-Tees.

DETAIL

1. Mental health and wellbeing in individuals and communities has been seriously affected by the pandemic with a significant increase in anxiety and depression. The increase has particularly affected younger age groups, women and those with existing mental health issues.
2. The cost of living crisis is expected to impact further on the mental and physical health of individual and communities as a result of financial hardship, concerns and ability to afford a warm home, food and ability to participate.
3. The Integrated Mental Health Steering Group supports the Health and Wellbeing Board to promote good mental health and wellbeing, prevent mental ill health and to reduce health inequalities. The group is committed to listening to the voice of those with lived experience and use a public health approach to understand local need and identify gaps in current services and support at local level.

4. Since the last update in May 22 the group has consolidated its membership and mapped local structures, meetings and groups to gain a better understanding of the local mental health landscape and governance structures.
5. Catalyst and Healthwatch, as representatives of the VCSE have updated on the new mental health forum chaired by Emma Howitt (MIND) which has been implemented in June, meets quarterly and provides valuable feedback and input from the wider VCSE into the Integrated Mental Health Steering Group.
6. TEWV and Healthwatch have worked with Starfish and Red Balloon to start a Lived Experience Forum in Stockton-on-Tees. The forum is an integral part of the transformation of adults mental health services and has started in September 2022. .
7. CAMHS has undergone a significant transformation process resulting in a new treatment model with a single point of access and mental health support teams working with schools and colleges in Stockton North and Billingham covering 50% of the population. A more detailed update in cooperation with children's services will be presented to the board in November 2022.
8. The work on the transformation of TEWV adult services and the development of a Community Mental Health Hub is progressing and will be presented to the Stockton-on-Tees Health and Wellbeing Board in December 2022.
9. The next steps of the group are to focus on data and intelligence, suicide prevention and progress with the development of a strategic mental health framework for Stockton-on-Tees.

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